



## ABOUT ME

Self-motivated and dedicated autodidact artist and former clothing designer with extensive experience from various and diverse work tasks. If I am asked what kind of education I have, I tend to say the following: "I am educated by freedom and the diversity of creation." As an artist in the painting process, I am receptive and sensitive, and let the universe lead me forward, and have chosen the colors black, white and gold in acrylic. In my writing and my photographs I also use my life experience from my sensitive lifestyle.

# BERIT HAGA

ARTIST

## EXPERIENCE

- |                     |  |
|---------------------|--|
| Sep 2022 - Feb 2023 | <b>EXHIBITIONS</b><br><i>Hamar</i><br>Participation in the art community in Atelier Enggata in Hamar   |
| Sep 2022            | <b>EXHIBITIONS</b><br><i>Hamar</i><br>Art exhibition in "My home gallery" in my home.  |
| Mar 2020            | <b>EXHIBITIONS</b><br><i>Hamar</i><br>"The geomertic Key" Exhibition in Hamar Cancer association.  |
| Sep 2020            | <b>EXHIBITIONS</b><br><i>Oslo</i><br>2 weeks in the Galleri Albin Up - "Down under" in Oslo  |
| From 2019           | <b>EXHIBITIONS</b><br><i>Hamar</i><br>Participation in the member exhibitions in Hamar art association.  |
| Jan 2019            | <b>ARTIST ON A HOBBY BASIS</b><br>Since I received disability benefits in January 2019, I have had the opportunity to pursue my art as a hobby. See my website for my artist style.  |
| Apr 2012 - Apr 2015 | <b>SELF-EMPLOYED</b><br><i>Hamar</i><br>Shop Prana Apana, Hamar<br>- My own clothing design, yoga-related products, as well as yoga courses, etc   |
| Sep 1996 - Mar 2012 | <b>SELF-EMPLOYED</b><br>Shop Berit Jeanette Design, Løiten Brænderi, Løten<br>- My own clothing design: clothes and folklore costumes with a historical touch<br>- My own jewelery design: "Tidevand"<br>- Photo, painting, etc. |

## CONTACT

+47 41416372

bh@pearlsfromthesoul.art

pearlsfromthesoul.art

pearls\_from\_the\_soul

Berit Haga

Berit (Pearls form the soul) Haga

## PERSONAL INFORMATION

### Name

Berit Haga

### Birth

18.09.1962

### Gender

Kvinne

### Adress

Kristin Lavransdatters veg 25,  
2316, Hamar

### Nationality

Norway

## SKILLS

### - and personality

Creative	<div style="width: 100%;"></div>
Dutiful	<div style="width: 100%;"></div>
Customer care	<div style="width: 90%;"></div>
Yoga teacher	<div style="width: 90%;"></div>
Art expression	<div style="width: 80%;"></div>
Authorship	<div style="width: 80%;"></div>
Photo	<div style="width: 70%;"></div>
Teaching	<div style="width: 70%;"></div>
Social Media	<div style="width: 60%;"></div>
English	<div style="width: 60%;"></div>

2008 - 2023

### AUTHORSHIP

2023: (In progress) "Himmelen i Midten"

2020: Published "De Mystiske Hjerteslagene"

2008: Published "Med Englenes hjelp"

Jan 1998 - Jan  
2007

### EXHIBITION BUSINESS NORWAY/USA

Between January 1998 and January 2007:

Various trade fair activities, for example:

- Art and craft fairs in Sjølysthallen in Oslo,  
Helsfyr and Lillestrøm

- Wilderness fairs at Hellerudsletta and  
Lillestrøm

- Christmas markets in Akershus and the  
surrounding area

- Trade fare in Balangen

- Trade fare "Rørosmarten"

- Autumn exhibition with Sons of Norway in  
Minnesota in 2006

1996 - 2014

### EVENTS

In my years as an artist, my artwork has  
resulted in a wide customer base.

Participation in mannequin shows  
throughout the period.

2 times costume manager for the play "Mrs  
Boeck" at Losby estate.

Several report posts, e.g. a double-page  
spread in "Familien" magazine.

Approved by the Handicrafts Association,  
including a sewing teacher at Lørenskog high  
school to have a sewing apprentice in my  
company.

## ACHIEVEMENTS



**2006 - 2nd place with the medieval inspired  
costume Astrid at Dyrsku'n in Seljord.**



**2006 - 3 folklore costumes (Anjadrakten,  
Sølvristakken and men's suit Trym) in the  
3rd volume of the Norwegian "Bunad"-  
dictionary.**



**2005 - Nominated for the Sunflower Award at  
"Kjerringtorget" in Nesbyen.**

## EDUCATION

- 2014 **TEACHER EDUCATER IN TIBETAN SWORD  
DANCE TOG CHÖD**  
*Nangten Menlang w/Tulku Lobsang , Wien*
- 2011 - 2013 **TEACHER EDUCATION IN KUNDALINI YOGA**  
*The institute of Kundalini Yoga in Stockholm, Oslo*
- 2011 **TEACHER EDUCATION IN TIBETAN SWORD  
DANCE TOG CHÖD**  
*Nangten Menlang w/ Tulku Lobsang, Bergen*

## COURSES

- Aug 2015 - Jan  
2016 **VEKSKURS**  
*Norwegian spiritualist association, Hamar*
- Feb 2014 **RECONNECTIVE HEALING**  
*Eric Pearl.com, Paris*
- Aug 2012 **MINDFULNESS MEDITATION**  
*Nangten Menlang w/ Tulku Lobsang , Oslo*
- 2005 **RISSEKURS**  
*Lørenskog high school*

